

Thinking About Thinking Checklist

Is my thinking clear?

Do I need to elaborate my thinking more?

Do I need to provide an illustration of what I mean?

Do I need to give an example from everyday life?

Rating Score 1-10, 10 being the highest _____

Is my thinking accurate?

How could I check to see if this is true?

How could I find out if this is correct?

How could I verify or test to see if this is accurate?

Rating Score 1-10, 10 being the highest _____

Is my thinking as precise as it needs to be?

Do I need to be more specific?

Do I need to give more details?

Do I need to be more exact?

Rating Score 1-10, 10 being the highest _____

Is my thinking relevant to the issue?

How does that relate to the question at issue?

How does that bear upon the problem I am concerned with?

How does this information help me effectively deal with the issue?

Rating Score 1-10, 10 being the highest _____

Is my thinking dealing with the complexities of this issue or problem?

What factors make this a difficult problem?

What are some of the complexities embedded in this issue?

What are some of the difficulties I need to deal with?

Rating Score 1-10, 10 being the highest _____

Is my thinking too narrow or one-sided?

Is my thinking logical?

Is my thinking focusing on what is most significant?

Rating Score 1-10, 10 being the highest _____

Is my thinking taking into account the multiple perspectives I need to consider?

Am I looking at this issue in a narrow-minded way?

Do I need to look at this from another perspective?

Do I need to consider another point of view?

Do I need to look at this situation in other ways?

Rating Score 1-10, 10 being the highest _____

Is my thinking logical?

Does my thinking make sense together?

Does my conclusion follow from the evidence or is there a more logical conclusion?

Rating Score 1-10, 10 being the highest _____

Is my thinking focusing on what is most significant?

Is this the most important problem I need to deal with at this time?

Which of these facts are the most important for me to consider?

Is this the most essential idea which I should focus on?

Rating Score 1-10, 10 being the highest _____

Overall Rating Score _____

What New Thinking Practices Do I Need To Develop?

What Thinking Practices Should I Abandon?

What Thinking Practices Do I Need To Enhance?